



Fall 09

Newsletter

2301 W Russell St.
Sioux Falls SD 57104

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CALENDAR EVENTS:

HCMTI will attend the following State Health Screening Dates.

Please stop by our booth and visit with one of our Health Coaches!

Dec. 8 - 10 - Sioux Falls @ Dept. Social Services Break room

Dec. 15 - Sioux Falls @ SD School for the Deaf

Jan. 5 & 7 - Sioux Falls @ Sanford Wellness Center Classroom A

WHO WE ARE & WHAT WE DO

Health Care Medical Technology, Inc. (HCMTI) is a medical management team that works with the South Dakota Bureau of Personnel (BOP) and DakotaCare to manage your health care needs. We are a South Dakota based company that is located in Sioux Falls. In the present climate of decreasing the overall cost of health care, HCMTI achieves this by strategies of: prevention, lifestyle changes and education. Our goal is to maximize the health of our members. We want members to manage their health, instead of letting their health manage them. We provide the tools and personal support to help our members make better decisions regarding their healthcare with services such as: Health and Lifestyle Management, Utilization Management and Case

“The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease.”

– Thomas Edison



Management. We have a diverse staff consisting of Physicians, a Certified Nurse Practitioner, Certified Utilization Review Professionals, Case Management Professionals, Nutrition and Exercise Professionals, Registered Nurses and Health Coaches. HCMTI offers a variety programs for members to participate based on individual health needs.

The Health and Lifestyle Management Programs are designed to help you track your individual health issues, assist you in addressing your health concerns and medical care, provide counseling as needed, educational materials, and other support to help improve your overall health. All of the programs we offer give members a unique, personal experience. Our purpose is not to replace the primary relationships members have with their physicians, but to be an added resource. Registered nurses and health coaches are available for one-on-one member counseling to promote informed decision making and goal setting. Active participation in Health and Lifestyle Management Programs is designed to benefit members with positive outcomes clinically and financially.

We encourage you to visit our web site at www.hcmti.com for more information about any of our health and lifestyle management programs. Or feel free to call us 877-977-0159 to register for one of our programs.

